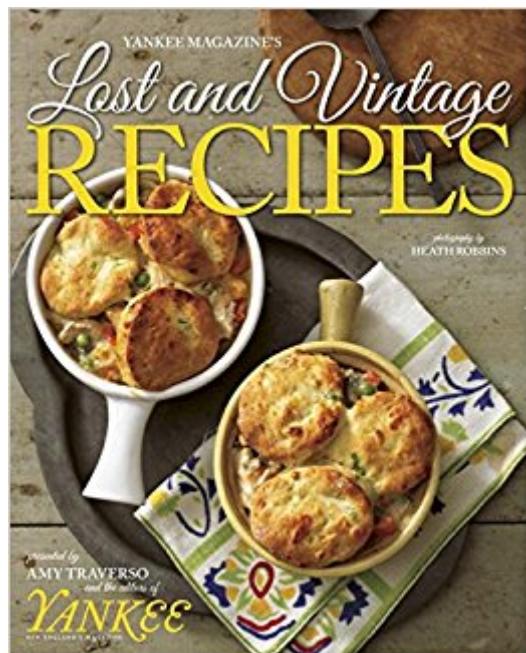


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# Yankee's Lost & Vintage Recipes



## Synopsis

The most delicious recipes of the past recast for today's home cook. New Englanders know their heirlooms—clocks, quilts, vegetables, and more. Now Yankee Magazine redisCOVERS and updates their most delectable classic recipes, like Chicken and Dumplings, Roquefort Biscuits, Red Flannel Hash, Corn Pudding, and Snow Cake, for today's home cooks who appreciate a great heirloom when they see one. Starters and soups, sides and meats and fish, breads and desserts, and more have been retested and updated for today's cooks and today's palates. To enhance the fun, retro sidebars feature excerpts from the magazine dating back to the 1930s, and you'll find the stories and histories behind many of the recipes as well. No publication better captures the essence of New England than Yankee Magazine. No book better captures the essential recipes of classic New England than Yankee's Lost and Vintage Recipes. Yankee Magazine has covered the New England scene for decades. Yankee food editor Amy Traverso is also the author of *The Apple Lover's Cookbook*. Full-color illustrations throughout

## Book Information

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## Customer Reviews

Yankee Magazine is dedicated to people who relish the traditions and values of New England. It features humor pieces, poetry, how-to articles, and personality pieces. Topics covered include travel, food, shopping, books, and much more. It is located in Dublin, New Hampshire. A life-long apple lover, Amy Traverso is the food editor at Yankee magazine. She is also the author of *The Apple Lover's Cookbook*. She lives in Brookline, Massachusetts.

Although this book is printed on good quality paper with very nice photographs, most of recipes are really not that "vintage," interesting, or unusual. Would never make things like old fashioned soda crackers from scratch; too much work for very little effect. Since when is Beef Stoganooff vintage or unusual? I notice that the "Cranberry Stack Cake" recipe doesn't state what pan sizes to use. Most of the recipes seem complicated and time consuming. Will return this.

Really New England recipes that you can't find anywhere else. My favorite is Indian pudding and a Rhode Island specialty grapenuts pudding. I gave it to several people and will order one for myself.

This is a really, really great cookbook. Simple recipes that taste delicious. I own two copies of it.

Bought for a friend - she loves it

Nice recipies

I have made a couple of the items in the book and they didn't turnout very well. I followed the directions closely yet the results were not great. I then made some adjustments based on knowledge of baking and seeing similar recipes with much better results. As a guide the book is only ok. I think Martha Stewart does a better job of testing that the recipes work as printed.

I grew up in Rhode Island in the 1960s. Yankee Magazine was part of the landscape so I expected a lot from this cookbook. At that time traditional New England fare was common and usually better prepared than the competition. Chinese food was chop suey, Mexican food was chili and Indian food was nowhere to be seen, but clambakes were a stumping ground for every politician. What my grandmother served daily, included regional dishes that one seldom encountered outside of New England. Many of those foods have gone out of fashion entirely. When I picked up Lost and Vintage Recipes I was hoping to see some of them. This book includes a few, but leaves out many in favor of some outdated fads that would have been better left in the past. Some of these recipes are neither lost nor really vintage as they continue to appear in cookbooks everywhere. What's nice to see in this book? Recipes for Blue Cheese Biscuits, old fashioned soda crackers, Harvard Beets, Succotash, Johnny Cakes, Parker House Rolls, Grapenut Pudding, Indian Pudding, Baked Cranberry Pudding and various preserves, to name a few. Unfortunately these recipes are buried in a mix of humdrum foods that have no business in a book titled Lost and Vintage. Where is New

England Brown Bread, a staple of New England Saturday nights? Where are the fried codfish cakes and traditional baked beans? Where is the Rhode Island clam chowder (made with Quahogs, potatoes and a tomato base, but no vegetables)? Where is the baked ham (boiled first to get out the salt) and the pork pies (French Canadian or English)? Clam cakes, traditionally served with chowder are included, but they have a weird name---"clam fritters." Of course clam cakes are fritters, but no one I ever knew called them fritters. They are clam cakes and, as they are deep fried, are seldom made at home. I wouldn't trust a restaurant that called them anything but clam cakes. And what's with the tarter sauce? Clam cakes go with steamers or chowder. Far from being traditional dishes that have been lost, many of the recipes are the boring 1950s recipes that replaced them. Does anyone old enough to remember Chicken a la King want the recipe? Calvin Trillion once wrote a hilarious essay speculating on the fate of Chicken a la King. What had happened to the gallons upon gallons of that dish, once served at Sunday dinners all over the Midwest? As I read that essay I thought, ugh. We had it in New England too. Yes, and now Cal, I have the proof. On a similar note, here's a recipe for Turkey Tetrazini. Ah the 1950's! Aren't there still a few grandmothers whipping this stuff up? Some of these recipes were lost....on purpose. In fact just about every meat entree is either outdated (as opposed to vintage) or not lost such as the recipes for Beef Stroganoff, Swedish Meatballs and Carbonade. I've got nothing against Carbonade but I never heard of it until I moved to New York City. Lost? There's a recipe for it in every cookbook from the New York Times to America's Test Kitchen. If Carbonade is lost, nobody's been looking. It's really too bad. There are very few traditional shellfish or fish dishes. There are a few ethnic dishes that point to the Italian, Portuguese and Irish communities but the large Polish, French Canadian and English populations don't get much attention. In short this is a cookbook that contains some lost and vintage recipes, and quite a few blah magazine recipes that could have appeared anywhere. Sadly Lost and Vintage Recipes is a missed opportunity and has the feel of a book that was assembled quickly and without much thought.

From the Editors of Yankee Magazine, here is a wonderful cookbook for you! Speaking of Yankee Magazine, I have come up with my own definition of, "Just who is a Yankee?" If you are from outside of America, anybody inside of the country is a Yankee, as in a fellow from Canada who once said to me, "You Yanks just think of Canada as the 51st state!" If you are from the Western US, anybody east of the Mississippi River is a Yankee. If you are in the South, anybody north of the Mason-Dixon line is a Yankee. If you are outside of New England, then anybody in New England is a Yankee. If you are in New England, then the people who live in Downeast, Maine are the true

Yankees...unless you are from New York like me, and then one must include the New York Yankees Baseball Team as a courtesy.

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